COACHING EDUCATION MANUAL

International Standards, Curriculum & Implementation Guidelines

PART I – GENERAL FRAMEWORK

CHAPTER 1 – PURPOSE AND SCOPE

Article 1 – Purpose

The WMF Coaching Education Manual establishes a unified international framework for the education, development, examination, and certification of Minifootball coaches.

Its objectives are to:

1. Establish consistent coaching education standards across all continents.
2. Improve the technical, tactical, physical, psychological, and pedagogical competencies of Minifootball coaches.
3. Promote modern coaching methodologies adapted to the specific characteristics of Minifootball.
4. Ensure equal educational standards for coaches regardless of their country or continent.
5. Develop a qualified international network of WMF instructors and coaching educators.
6. Promote player development, fair play, safeguarding, and professional ethics.
7. Support the long-term development of Minifootball through continuous professional education.

Article 2 – International Application

This Manual applies to:

- WMF National Member Federations.
- WMF Continental Federations.
- WMF Technical Committee.
- Accredited WMF instructors.
- National and international coaching candidates.
- All institutions authorized to deliver WMF Coaching Education Programs.

All member federations must implement the minimum educational standards established in this Manual.

National federations may adapt examples, teaching languages, and practical exercises to local conditions, provided that the official WMF curriculum, minimum course hours, examination standards, and certification requirements are maintained.

Article 3 – Coaching Education Philosophy

The WMF Coaching Education Program is based on five fundamental pillars:

1. **Education:** Developing knowledgeable and competent coaches.
2. **Practice:** Learning through practical coaching experience.
3. **Performance:** Improving individual and team performance.
4. **Integrity:** Promoting ethics, respect, and fair play.
5. **Development:** Supporting continuous professional improvement.

The WMF coaching philosophy recognizes that Minifootball requires specific technical, tactical, physical, and organizational competencies that must be addressed through dedicated educational programs.

CHAPTER 2 – INTERNATIONAL LICENSING STRUCTURE

Article 4 – Coaching License Levels

The WMF Coaching Education System consists of three progressive licensing levels and specialized educational modules.

License	Level	Total hours
WMF Coach N	National	40
WMF Coach B	Continental	60
WMF Coach A	World/International	80
Specialization Modules	Specialized	30

Article 5 – Distribution of Educational Hours

License	Theory	Practical	Total
N License	20	20	40
B License	25	35	60
A License	30	50	80
Specialization	12	18	30

One educational hour represents 60 minutes of instruction.

Practical hours must involve active participation, coaching demonstrations, field exercises, tactical applications, or supervised coaching practice.

Article 6 – License Validity

All WMF coaching licenses are valid for two (2) years from the date of issue.

Renewal is subject to:

- Compliance with the WMF Code of Ethics.
- Participation in recognized Continuing Professional Development (CPD).

- Fulfilment of applicable safeguarding requirements.
- Payment of applicable administrative fees, where established.

PART II – CURRICULUM AND EDUCATIONAL PROGRAMS

CHAPTER 3 – WMF COACH N LICENSE (NATIONAL)

Article 7 – Educational Objectives

The N License introduces candidates to the fundamental principles of Minifootball coaching.

Upon successful completion, candidates should be able to:

1. Understand the basic characteristics and rules of Minifootball.
2. Organize and conduct basic training sessions.
3. Teach fundamental technical skills.
4. Introduce basic offensive and defensive principles.
5. Adapt training activities to different age groups.
6. Understand the role and responsibilities of a coach.
7. Apply basic safeguarding, safety, and ethical principles.

Article 8 – Theoretical Curriculum (20 Hours)

Module	Subject	Hours
1	Introduction, History and Philosophy of Minifootball	2
2	Rules of the Game and Competition Structure	4
3	Coaching Methodology and Age Development (4–16 years)	4
4	Basic Technical and Tactical Principles	4
5	Training Planning and Session Organization	3
6	Ethics, Safeguarding, Injury Prevention and First Aid	3
	TOTAL	**20**

Article 9 – Practical Curriculum (20 Hours)

Module	Practical Activities	Hours
1	Warm-up, Coordination and Ball Familiarization	4
2	Passing, Receiving, Dribbling and Shooting	6
3	Small-Sided Games and Numerical Situations	5
4	Basic Offensive and Defensive Principles	3
5	Training Session Design and Coaching Demonstration	2
	TOTAL	**20**

Article 10 – Required Practical Competencies

Candidates must demonstrate the ability to:

- Organize a safe training environment.
- Explain and demonstrate basic exercises.
- Manage groups of players.
- Correct basic technical mistakes.
- Conduct age-appropriate activities.
- Apply progressive training exercises.
- Organize a basic training session.

CHAPTER 4 – WMF COACH B LICENSE (CONTINENTAL)

Article 11 – Educational Objectives

The B License develops coaches capable of managing competitive teams and implementing structured technical and tactical programs.

Upon successful completion, candidates should be able to:

1. Develop structured weekly and monthly training programs.
2. Apply advanced technical and tactical principles.
3. Understand team formations and playing systems.
4. Organize offensive and defensive transitions.
5. Evaluate individual and collective performance.
6. Apply physical preparation and recovery principles.
7. Prepare teams for official continental competitions.
8. Conduct tactical analysis and match preparation.

Article 12 – Theoretical Curriculum (25 Hours)

Module	Subject	Hours
1	Coaching Philosophy, Ethics and Professional Responsibilities	3
2	Minifootball Rules and Competition Management	3
3	Advanced Coaching Methodology and Training Planning	5
4	Offensive and Defensive Tactical Systems	5
5	Technical Development and Goalkeeping	3
6	Physical Preparation, Recovery and Injury Prevention	3
7	Sports Psychology, Communication and Team Management	3
	TOTAL	**25**

Article 13 – Practical Curriculum (35 Hours)

Module	Practical Activities	Hours
1	Training Session Planning and Delivery	8
2	Advanced Technical Exercises	6
3	Tactical Systems and Team Organization	6
4	Offensive and Defensive Transitions	5
5	Physical Preparation and Conditioning	4
6	Goalkeeping and Set Pieces	3
7	Match Analysis and Coaching Practice	3
	TOTAL	**35**

Article 14 – Required Practical Competencies

Candidates must demonstrate the ability to:

- Design a structured training microcycle.
- Apply different tactical formations.
- Organize offensive and defensive systems.
- Develop numerical superiority and inferiority situations.
- Coach pressing and counter-attacking principles.
- Manage substitutions and tactical changes.
- Analyze opponents.
- Evaluate player and team performance.
- Conduct an advanced training session.

CHAPTER 5 – WMF COACH A LICENSE (WORLD/INTERNATIONAL)

Article 15 – Educational Objectives

The A License represents the highest WMF coaching qualification.

It prepares coaches to manage elite teams, national teams, and high-performance Minifootball programs.

Upon successful completion, candidates should be able to:

1. Develop a complete game model.
2. Design long-term performance programs.
3. Manage elite-level technical and tactical preparation.
4. Conduct advanced opponent scouting and match analysis.
5. Manage training loads and recovery strategies.
6. Integrate sports science and technology into coaching.
7. Manage technical staff and team environments.
8. Apply advanced sports psychology principles.
9. Prepare teams for international and world competitions.

Article 16 – Theoretical Curriculum (30 Hours)

Module	Subject	Hours
1	Elite Coaching Methodology and Performance Models	5
2	Advanced Tactical Systems and Game Models	5
3	Sports Science, Physical Preparation and Load Management	4
4	Sports Psychology and Mental Performance	3
5	Technology, Scouting and Video Analysis	4
6	Advanced Goalkeeping and Set-Piece Strategies	3
7	Leadership, Ethics and Safeguarding	3
8	International Competition Rules and Regulations	3
	TOTAL	**30**

Article 17 – Practical Curriculum (50 Hours)

Module	Practical Activities	Hours
1	Advanced Training Design and Delivery	12
2	Elite Tactical Systems and Game Models	10
3	Advanced Technical Development Under Pressure	5
4	Physical Preparation and Performance Monitoring	6
5	Goalkeeping and Advanced Set Pieces	5
6	Video Analysis, Scouting and Opponent Evaluation	5
7	Match Management and Live Coaching Practice	7
	TOTAL	**50**

Article 18 – Required Practical Competencies

Candidates must demonstrate the ability to:

- Develop a complete team game model.
- Design and implement an advanced training microcycle.
- Prepare teams for high-level international competitions.
- Analyze opponents and identify tactical weaknesses.
- Manage different tactical scenarios during matches.
- Evaluate technical and physical performance.
- Apply video analysis and statistical evaluation.
- Coordinate a technical coaching staff.
- Conduct an advanced practical coaching assessment.

CHAPTER 6 – SPECIALIZATION MODULES

Article 19 – Specialized Education

The WMF may organize specialized educational programs for coaches wishing to develop additional professional competencies.

Each specialization module consists of 30 educational hours:

- 12 theoretical hours.
- 18 practical hours.

The initial specialization programs are:

A. Goalkeeping Coaching

- Goalkeeper-specific technical development.
- Positioning and decision-making.
- Diving and reaction techniques.
- Distribution and build-up play.
- Goalkeeper integration into team tactics.
- Match performance evaluation.

B. Physical Preparation

- Physical demands of Minifootball.
- Speed, agility and coordination.
- Strength and conditioning.
- Injury prevention.
- Recovery and workload management.
- Physical performance assessment.

C. Technology and Video Analysis

- Match recording and video analysis.
- Tactical evaluation.
- Player performance indicators.
- Scouting methods.
- Statistical analysis.
- Digital coaching tools.

D. Sports Psychology and Team Leadership

- Motivation and communication.
- Mental preparation.
- Leadership and team dynamics.
- Performance anxiety.
- Conflict management.

- Psychological support and referral principles.

The WMF Technical Committee may introduce additional specializations according to the development needs of the sport.

PART III – TEACHING AND LEARNING METHODOLOGY

CHAPTER 7 – EDUCATIONAL METHODOLOGY

Article 20 – Teaching Principles

WMF courses must follow a competency-based and practice-oriented educational model.

The following methods are recommended:

1. Interactive theoretical presentations.
2. Practical field demonstrations.
3. Group discussions and case studies.
4. Video analysis.
5. Tactical simulations.
6. Individual coaching assignments.
7. Supervised practical sessions.
8. Peer assessment and feedback.

Article 21 – Standard Training Session Structure

A standard practical training session should include:

Stage	Content	Suggested allocation
I	Warm-up and technical activation	15%
II	Technical development	20%
III	Tactical exercises and small-sided games	30%
IV	Directional and match-specific exercises	20%
V	Real-game application and evaluation	15%

The structure may be adapted according to the session objectives, age group, and competitive level.

Article 22 – Minifootball-Specific Methodology

The WMF educational methodology must emphasize:

- Small playing spaces.
- High frequency of technical actions.
- Rapid decision-making.
- Transition between attack and defence.
- Numerical superiority and inferiority.
- Positional rotations.
- Tactical flexibility.
- Goalkeeper participation in team play.

- Game intensity and player coordination.

PART IV – EXAMINATION AND CERTIFICATION

CHAPTER 8 – EVALUATION SYSTEM

Article 23 – Examination Structure

All candidates must successfully complete both theoretical and practical examinations.

A. Theoretical Examination

- 20 multiple-choice questions.
- Three possible answers per question.
- One correct answer.
- Examination in the candidate's approved national or local language.
- Minimum passing score: 75% (15 correct answers).

B. Practical Examination

Candidates must:

1. Prepare a written training plan.
2. Demonstrate a training exercise or coaching session.
3. Explain the objectives and methodology.
4. Demonstrate effective group management.
5. Provide appropriate technical and tactical corrections.

A practical examination may be conducted live or through an approved video submission of maximum 10 minutes.

For the A License, the WMF may require a live practical assessment in addition to video documentation.

Article 24 – Practical Assessment Criteria

The following five criteria must be assessed:

Assessment criterion	Weight
Organization and planning	20%
Clarity of explanations	20%
Demonstration of exercises	20%
Group management	20%

Assessment criterion	Weight
Player correction and feedback	20%
TOTAL	**100%**

The minimum passing mark for the practical examination is 75%.

Both examination components must be passed independently.

Article 25 – Certification

Certification is issued according to the licensing structure:

- N License: National Federation, accredited by WMF.
- B License: Continental Federation, accredited by WMF.
- A License: WMF.

Each certificate must contain:

- Candidate's full name.
- License level.
- Unique certificate number.
- Date of issue.
- Expiration date.
- Issuing authority.
- WMF accreditation or certification reference.

PART V – INSTRUCTORS AND QUALITY CONTROL

CHAPTER 9 – WMF INSTRUCTOR ACCREDITATION

Article 26 – Instructor Requirements

WMF instructors must:

1. Hold an appropriate coaching qualification.
2. Demonstrate relevant coaching experience.
3. Possess teaching and communication competencies.
4. Understand the WMF curriculum.
5. Respect the WMF Code of Ethics.
6. Complete the WMF Instructor Accreditation Program.

Article 27 – Instructor Categories

The WMF Technical Committee may establish three instructor categories:

- National Instructor.

- Continental Instructor.
- International WMF Instructor.

The authorization to teach each licensing level must be granted separately.

An instructor's coaching license alone does not automatically grant the right to deliver WMF courses.

Article 28 – Instructor Responsibilities

Accredited instructors must:

- Deliver the approved curriculum.
- Respect the minimum educational hours.
- Use official WMF educational materials.
- Maintain attendance records.
- Conduct objective evaluations.
- Submit course reports.
- Promote consistent international coaching standards.

CHAPTER 10 – COURSE ORGANIZATION AND QUALITY ASSURANCE

Article 29 – Course Organization

WMF courses must follow these recommended organizational standards:

- Recommended maximum: 30 candidates per course.
- Recommended practical group: maximum 15 candidates per instructor.
- Minimum attendance: 80% of the total course.
- All mandatory practical assessments must be completed.
- Missed mandatory practical activities must be recovered.
- Official WMF course materials must be used.

Article 30 – Course Monitoring

Each course must have:

1. An approved educational program.
2. A designated course coordinator.
3. Accredited instructors.
4. An attendance register.
5. Examination records.
6. Candidate evaluation forms.
7. A final course report.

The WMF Technical Committee may conduct audits of national and continental educational programs.

Article 31 – International Standardization

All federations must respect the same minimum educational standards.

The following may be adapted locally:

- Language of instruction.
- Venue and facilities.
- Practical demonstrations.
- Local examples and case studies.
- Course scheduling.

The following may not be reduced or modified without WMF approval:

- Total educational hours.
- Mandatory curriculum.
- Examination standards.
- Instructor accreditation requirements.
- Certification procedures.
- Safeguarding and ethical standards.

PART VI – CONTINUING PROFESSIONAL DEVELOPMENT

CHAPTER 11 – CPD PROGRAM

Article 32 – Continuing Education

The WMF establishes a Continuing Professional Development (CPD) system to ensure that licensed coaches maintain and improve their competencies.

Recommended minimum requirement: 10 CPD hours during each two-year license validity period.

Recognized activities may include:

- WMF coaching seminars.
- Continental coaching conferences.
- National federation workshops.
- Online educational programs.
- Specialized technical courses.
- Approved sports science conferences.
- Instructor development programs.

Article 33 – License Renewal

License renewal requires:

1. Valid professional certification.
2. Completion of the required CPD activities.
3. Compliance with the WMF Code of Ethics.
4. Compliance with safeguarding requirements.
5. No outstanding licensing suspension.

PART VII – GOVERNANCE AND IMPLEMENTATION

CHAPTER 12 – WMF TECHNICAL COMMITTEE

Article 34 – Responsibilities

The WMF Technical Committee is responsible for:

- Developing the international coaching curriculum.
- Updating the WMF Coaching Education Manual.
- Accrediting instructors.
- Monitoring national and continental implementation.
- Establishing examination standards.
- Reviewing coaching education programs.
- Developing educational resources.
- Coordinating international instructor seminars.
- Preparing annual reports on coaching development.

Article 35 – National and Continental Responsibilities

National Federations:

- Organize N License courses.
- Identify and propose eligible candidates for B and A courses.
- Maintain national coaching records.
- Organize national CPD activities.
- Submit annual reports to their Continental Federation or WMF.

Continental Federations:

- Coordinate B License programs.
- Support national federation implementation.
- Provide logistical and educational coordination.
- Organize continental instructor development.
- Monitor compliance with WMF standards.

WMF:

- Establish the global educational framework.
- Deliver and supervise A License programs.
- Accredit all licensing levels.
- Maintain international educational standards.
- Manage the international coaching certification framework.

Article 36 – Implementation Period

All WMF member federations should implement this Manual within 24 months of its approval.

The WMF Technical Committee shall provide educational support and implementation guidelines during the transition period.

PART VIII – FINAL PROVISIONS

Article 37 – Amendments

The WMF Technical Committee may propose amendments to the Manual based on:

- Scientific developments.
- Changes in Minifootball rules.
- International coaching trends.
- Feedback from member federations.
- Evaluation of educational programs.

Article 38 – Entry into Force

These Manual shall enter into force on the date of their approval by the competent WMF authority.

All previous educational guidelines that conflict with this Manual shall be reviewed and updated accordingly.

Building Knowledge
Connecting the World